## Claims:

Method for reducing cross-talk in a communications system
 comprising a plurality of transmitters for transmitting encoded data signals via
 respective communications channels, said method comprising:

processing a first encoded data signal according to at least one precoding matrix to produce a first pre-coded signal, each of said at least one pre-coding matrices having associated with it a respective encoded data signal:

10 communicating said first pre-coded signal to a respective first communication channel; and

adapting said at least one pre-coding matrices in response to an impairment indicative signal;

said processing tending to offset channel impairments within said first

2. The method of claim 1, further comprising:

receiving said first pre-coded signal from said first communications channel; and

20 generating said impairment indicative signal in response to a determination of a channel impairment level of said first communications channel.

- The method of claim 2, wherein said impairment indicative signal is
   determined according to a least mean square (LMS) algorithm.
  - 4. The method of claim 1, wherein signals propagated via said communications channels comprise in-phase (I) and quadrature (Q) signals forming carrierless amplitude and phase (CAP) modulated signals.

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5. The method of claim 1, wherein signals propagated via said

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communications channels comprise in-phase (I) and quadrature (Q) signals forming quadrature amplitude modulated (QAM) signals.

6. The method of claim 1, further comprising:

5 selecting, as initial parameters of said at least one pre-coding matrix, a set of parameters tending to offset said channel impairment of said first communications channel, said step of selecting initial parameters comprising the steps of:

determining initial parameters of said at least one pre-coding matrix prior to processing said first encoded data signal, said initial parameters of said at least one pre-coding matrix determined according to the steps of:

propagating a pre-defined training sequence via said first communications channel:

receiving said pre-defined training sequence from said first communications channel; and

determining, using said received pre-defined training sequence, a channel impairment of said first communications channel.

 The method of claim 4, wherein said step of adapting comprises: increasing an amplitude level of said at least one set of said I and Q signals; and

repeating said steps of processing and communicating until said impairment indicative signal is less than a threshold level.

8. The method of claim 1, wherein said communications system comprises N transmitters, where N is an integer, each of said N transmitters performing said steps of processing, communicating and adapting using respective encoded data signals.

9. The method of claim 8, wherein each of said N transmitters processes

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an encoded data signal according to N-1 pre-coding matrices, each of said N-1 pre-coding matrices being associated with a respective encoded data signal from the other transmitters.

- 5 10. The method of claim 8, wherein each of said N transmitters processes an encoded data signal according to N pre-coding matrices, each of said N pre-coding matrices being associated with a respective encoded data signal from each of the N transmitters.
- 10 11. The method of claim 8, wherein:

each of said N transmitters performs the step of selecting initial parameters for respective at least one pre-coding matrices, said selected initial tending to offset channel impairments of said respective communications channels, said step of selecting initial parameters

15 comprising the steps of:

determining initial parameters of said at least one pre-coding matrix prior to processing a respective encoded data signal, said initial parameters of said at least one pre-coding matrix determined according to the steps of:

propagating a pre-defined training sequence via a respective communications channel:

receiving said pre-defined training sequence from said respective communications channel; and

determining, using said received pre-defined training sequence, a channel impairment of said respective communications channel.

- 12. The method of claim 6, further comprising the step of training an equalizer to reduce channel-specific impairments from said received predefined training sequence prior to selecting said initial matrix parameters.
- 13. The method of claim 11, further comprising the step of training an